

# FASHION, TEXTILES, AND TEXTILE ART IN FRANCE

## LYON AND BURGUNDY REGION, FRANCE

### COCHENILLE DESIGN STUDIO

WITH SUSAN LAZEAR AND NADJA LANCELOT

MAY 26TH - JUNE 5TH, 2026 \$1800

LOCATION: LYON AND BURGUNDY REGION, FRANCE

This year we are combining our days of exploring fashion, textiles, and food in Lyon, France with a textile art workshop in Burgundy, France, hosted by artist Nadja Lancelot.

Our France retreat will begin in Burgundy where we will remain for six nights at Nadja's vintner bed and breakfast and then move to Lyon for four nights. Susan Lazear of Cochenille Design Studio will host workshop time as well in both locations, to advance your garment planning and creation skills.

### TEXTILE AND FABRIC ART, PLUS GARMENT DESIGN IN BUXY, BURGUNDY, MAY 26TH - JUNE 1ST

Delight in a creative adventure in a vintner's manor in the heart of Burgundy, hosted by Nadja Lancelot and her father—French-Americans who know the region's culture like locals and love to share it. Nadja is an accomplished artist working primarily in textiles, especially silk and dyes, and she'll guide you through sumptuous silk-dyeing techniques: painting with rich French dyes, shibori, devoré, and eco-printing while foraging for fun in the gardens, fields, and vineyard. Then Susan will guide you in the garment design process and assist you in spinning your freshly dyed silks into unique personal creations. Between art sessions, enjoy village outings, countryside inspiration, delicious meals at home and out, plus time by the pool and in the yoga room. With seven welcoming bedrooms and a big dose of joy, this workshop invites you to create, savor Burgundy, and let your imagination run wild.

#### *Activities will include:*

- Tour of the Nadja's vintner property
- Workshops with Nadja, utilizing an assortment of silk dye techniques (painting, shibori, devoré, and eco dyeing)
- Workshops with Susan, focusing on garment design, incorporating your silk pieces into a garment, and the pattern development you would need
- Additional design techniques for garments
- Tour of the region, vines, winery, the lavoires (laundry washing stations of yore), the local milliner, and more
- Wine Tasting in Burgundy

### LYON... JUNE 1ST - 6TH, 2026

On June 1st, we will transfer to Lyon and begin to explore the city. We will learn about the silk and textile history of Lyon and browse the old city as well as the newer areas to enjoy French fashions.



*Lyon Exploration will include an assortment of the following:*

- Visit to Silk and Weaving facilities in Lyon
- Screen and Block Printing Demonstration at a local Atelier
- Cooking class and/or dinner with a French Chef in his historic home
- Walking Tour of Lyon
- Visits to Artisan Studio/Shops
- Design Workshop to discuss inspiration and design using hand-dyed silk projects
- Fabric/Yarn/Trim Shopping for our Garment Projects

You should be in good health and relatively fit. Lyon is a walking city, but it has hills and steps in the old areas. It is possible to take taxis/Uber, but walking/public transport are the norm for the locals, as it generally is for us.

**The maximum group size is 6 people.**

### **COSTS:**

**Tuition: \$1800** (for retreat activities)

**This will include:**

- All tuition including workshops and special visits with local artists/ companies or textile/fabric merchants
- Entrances to an assortment of museums and/or businesses related to fashion, textiles, weaving, silk, and art
- Walking Tour of Lyon
- Public transportation in Lyon
- Silk, dyes, supplies, prep/processes for creating three to four silk projects

**The tuition does NOT include:**

- Airfare
- Housing in Lyon or Buxy. (See the next page for options)
- Taxis/Uber opted for by choice in lieu of walking/public transit
- Meals in Lyon (other than one Chef dinner meal and one lunch)

Students who plan to design garments to utilize their silk pieces with Garment Designer pattern making software will need a portable computer with the pattern software installed in advance. Students who don't want to work with software will need to bring a few standard patterns that will be flexible for change. A supply list will be sent later.

### **Payments**

A deposit of \$500 will be required to hold your place. The balance of \$1300 will be due April 15, 2026, although you can pay this at any time.

### **Cancellation/Refund Policy**

Please review the information on the Registration form for a full understanding of our cancellation/refund policy.

### **Arrivals:**

Plan to be in Lyon by 2 p.m. on May 26th, for pickup to go to Burgundy. We will have an arranged meeting point at Gare Part Dieu (train station). If you want to arrive a day earlier to settle in, there are many hotels at/near the train station.





## HOUSING:

### Lyon

- Housing is not included.
- There are options to stay in apartments (VRBO or Airbnb), a Bed and Breakfast, or a hotel. We can assist you in locating your housing. Susan has space in her Airbnb apartment for two additional people for those who are looking to share.
- We would estimate that you should budget for around 75 Euros per person per night in a shared apartment. (4 night stay)

### Buxy, Burgundy

Nadja has put together a package price for the housing, stay, food, and travel costs while in Burgundy. *This includes:*

- All transportation (from Lyon to Burgundy and back), plus excursions to neighboring towns/sites and dinner restaurants.
- All breakfasts, lunches at home, and all dinners. There will be two lunches during area excursions that participants are responsible for.
- Access to laundry, soaps, drinks, snacks, touring and information, yoga room, pool, and walking, other activities.

**\*\* Note:** Nadja is an excellent cook and shares her love of French food

**Package Cost: \$1160 for shared bathroom room  
\$1340 for private en suite room**

**\*\* Room choice, based on order of registration.**

Your Burgundy package needs to be paid directly to Nadja, and she will provide details on this.

Therefore...

**Costs for Retreat Workshops/Activities payable to Cochenille (\$1800)**

**Costs for Buxy Housing/Stay Package payable to Nadja Lancelot \$1160/\$1340**

**= combined total \$2960 (shared bath) to \$3140 (private bath)**

- with additional costs for housing and food for four nights in Lyon

**Option for Wine: \$100 (payable to Nadja Lancelot)**

This covers wine while in Burgundy, which includes wine at lunch and dinner meals and a wine-tasting event, but not the two lunches as mentioned above.

## AIRFARE:

We leave this up to individuals, as some people are using miles, some want flexibility, and mostly, you all will be coming from different places.

- You can fly directly into Lyon (Lyon–Saint Exupéry Airport LYS) on various major airlines using their local partners, or other airlines (e.g. Ryan Air).
- OR:
- You can fly into Paris and take the train to Lyon (from Gare de Lyon in Paris to Part Dieu or Perrache in Lyon). Train travel in France is excellent.
- There is an airport shuttle to/from Gare Part Dieu train station.

Feel free to email Susan with questions. We are also happy to talk on the phone.

Susan's email is [susan@cochenille.com](mailto:susan@cochenille.com)

Reservations will be first come-first served. Please complete the Registration form and send it in to us as soon as you can to confirm your space, or call our office at 858-259-1698.



*The Vintner Estate  
Home in Buxy*